|  |
| --- |
|  |

**Nursery Summer Menu 1**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | |
| **Breakfast** | **Variety of Cereals**  **Milk and water to drink** | | | | | |
| **Snacks** | **Snacks will be provided of fresh fruit, dried fruit, bread sticks and various savoury snacks** | | | | | |
| **Lunch** | **Beef Bolognese with garlic bread** | **Ratatouille with sausages and boiled potatoes** | **Fish and pea fishcakes with**  **new potatoes**  **and broccoli** | **Pork & mushroom stroganoff with rice & peas** | | **Vegetable Lasagne** |
| **Pudding** | **Peach & Apricots with natural yoghurt** | **Poached pears with oat crumble and Greek yoghurt** | **Strawberry milk jelly with fresh strawberries** | **Blueberry yoghurt layer** | | **Banana and custard cornflake crunch** |
| **Snacks** | **Snacks will be provided of fresh fruit, dried fruit, bread sticks and various savoury snacks** | | | | | |
| **Tea** | **Warm pitta strips with tzatziki and hummus with assorted salad sticks** | **Tuna pasta salad with peas and sweetcorn.** | **Wholemeal English muffins with various toppings and cucumber and tomato slices** | **Pea and leek quiche with homemade coleslaw** | | **Cheese and chive savoury scones with potato salad and celery sticks.** |
| **Pudding** | **Blueberry muffins** | **Fresh fruit salad** | **Tropical Rice pudding** | **Homemade carrot cake** | | **Apple & Cinnamon Semolina** |
|  |  |  |  |  | |  |

|  |
| --- |
|  |

**Nursery Summer Menu 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Variety of Cereals**  **Milk and water to drink** | | | | |
| **Snacks** | **Snacks will be provided of fresh fruit, dried fruit, bread sticks and various savoury snacks,** | | | | |
| **Lunch** | **Lamb and vegetable tagine with cous cous** | **Sweet potato & lentil curry with rice & naan bread** | **BBQ chicken with Caribbean rice and beans** | **Broccoli Quiche with salad and new potatoes** | **Salmon fishcakes with peas, sweet corn and potato wedges** |
| **Pudding** | **Peaches and ice cream** | **Pear & Raspberry fruit in Raspberry Jelly** | **Summer fruit salad** | **Summer fruit sponge** | **Strawberry frozen yoghurt** |
| **Snacks** | **Snacks will be provided of fresh fruit, dried fruit, bread sticks and various savoury snacks** | | | | |
| **Tea** | **Scrambled eggs with toasted muffins and tomato slices** | **Assorted sandwiches with salad selection** | **Homemade hummus & tomato salsa with pitta strips** | **Carrot and courgette muffins with cheese cubes** | **Mexican bean and cheese wraps with red pepper and celery** |
| **Pudding** | **Fromage frais** | **Banana Bread** | **Pears with raspberry compote and natural yoghurt** | **Apple & oat cookies** | **Mini Strawberry muffins** |

|  |
| --- |
|  |

**Nursery Summer Menu 3**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Variety of Cereals**  **Milk and water to drink** | | | | |
| **Snacks** | **Snacks will be provided of fresh fruit, dried fruit, bread sticks and various savoury snacks, Milk and water to drink** | | | | |
| **Lunch** | **Tuna, Broccoli &**  **Sweet corn Pasta** | **Cheese and lentil flan with new potatoes & broccoli** | **Thai green turkey curry with rice** | **Beef and sweet potato pie with green beans and carrots** | **Ratatouille with pasta & sausage** |
| **Pudding** | **Pears with custard** | **Fresh fruit salad** | **Summer fruit sponge** | **Coconut rice pudding with strawberry puree** | **Banana split with fresh raspberry puree** |
| **Snacks** | **Snacks will be provided of fresh fruit, dried fruit, bread sticks and various savoury snacks** | | | | |
| **Tea** | **Homemade Margarita pizza and salad sticks** | **Baguettes with assorted toppings and lettuce and cucumber** | **Chicken Caesar salad wraps** | **Asparagus and pea frittata with potato salad** | **Cheese and chive muffins with cucumber and carrot sticks** |
| **Pudding** | **Apple & Cinnamon with natural yoghurt** | **Carrot & Apple flapjack** | **Satsuma and orange jelly** | **Sorbet & fruit** | **Raspberry swirl yoghurt** |

|  |
| --- |
|  |

**Nursery Summer Menu 4**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Variety of Cereals**  **Milk and water to drink** | | | | |
| **Snacks** | **Snacks will be provided of fresh fruit, dried fruit, bread sticks and various savoury snacks, Milk and water to drink** | | | | |
| **Lunch** | **Vegetable & bean chilli with Pittas** | **Roast pork roast potatoes, seasonal veg & apple sauce** | **Beef fajitas with cheese and tomato salsa** | **Chicken Stir fry, peas & sweetcorn with noodles** | **Mediterranean fish**  **stew with baby**  **potatoes & broccoli** |
| **Pudding** | **Banana & custard** | **Summer fruit salad** | **Blueberry and apple sponge** | **Pear & Raspberry fruit in Raspberry Jelly** | **Spiced apple with natural yoghurt** |
| **Snacks** | **Snacks will be provided of fresh fruit, dried fruit, bread sticks and various savoury snacks** | | | | |
| **Tea** | **Toasted bagels with soft cheese & savoury spreads** | **Tuna pasta & green bean salad** | **Assorted filled rolls with lettuce and cucumber** | **Cheese and leek frittata with salad leaves** | **Pizza scone whirls with salad and homemade coleslaw** |
| **Pudding** | **Fruit yoghurts** | **Coconut Rice pudding with Raspberry Coulis** | **Fruit coulis & Natural Yoghurt** | **Fromage frais** | **Ice-cream cones** |